



**JUNE 1<sup>st</sup> – 3<sup>rd</sup>, 2007**  
**Seattle Skating Club**  
**Olympicview Training Center**  
**Mountlake Terrace, WA**

**HOME OF THE 2008 NWP REGIONAL CHAMPIONSHIPS**

SANCTIONED BY U.S. FIGURE SKATING  
Canadian Figure Skating Association

***All Disciplines!***  
***All Levels!! Adults, Basic Skills thru Senior***

***Olympic, World, and National Level Judges***

***BASIC SKILLS ANNOUNCEMENT***

**Entry Deadline: Postmarked by MAY 1, 2007**

**[www.seattleskatingclub.org](http://www.seattleskatingclub.org)**

**SEATTLE SKATING CLUB PRESENTS**  
**ICE FEST 2007**  
**June 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup>, 2007**

**COMPETITION**

Ice Fest is hosted by the Seattle Skating Club and will be held at the Olympic view Training Center, 22202 70<sup>th</sup> Ave. West, Mountlake Terrace, WA. This venue will be the competition rink for the 2008 NWP Regional Competition, October 16<sup>th</sup> to October 20<sup>th</sup>, 2007. Ice Fest is a non-qualifying competition and is sanctioned by US Figure Skating and the Canadian Figure Skating Association. This competition will be governed by the current U.S. Figure Skating Rulebook except as modified by this announcement. Rules passed at the 2007 Governing Council meeting CAN be incorporated into events, but no penalties will be assessed for not including these changes.

**ENTRIES**

Entry forms and entry fees must be mailed to **Ice Fest Registrar, 22202 70<sup>th</sup> Ave. West, Mountlake Terrace, Washington 98043**. Enclose a self-addressed, stamped legal-sized envelope to receive a copy of the competition schedule. Practice and Competition schedules will not be given over the phone. They will be posted on our club website at [www.seattleskatingclub.org](http://www.seattleskatingclub.org). **Entries must be POSTMARKED by MAY 1st, 2007**. Late entries will be accepted at the discretion of the referee and the local organizing committee and will be subject to a \$20 late entry fee. No entries will be accepted after the draw has been completed.

**ELIGIBILITY**

This competition is open to qualified skaters who are registered members of U.S. Figure Skating or the Canadian Figure Skating Association, except for the Young Stars events (Basic Skills), which are also open to ISI, (Ice Skating Institute) members. Eligibility for entries is governed by tests passed and age as of deadline for entry, May 1<sup>st</sup>, 2007. All skaters should be prepared to show proof of age. Skaters may enter any combination of technical or artistic events. **Any skater may enter one event higher than the event for which he/she qualifies by test**, but may not enter more than one level.

**EVENT JUDGING**

All Basic Skills events will be judged using the 6.0 system.

**REFUNDS**

Refunds will be issued in accordance with the 2007 Official U.S. Figure Skating Rulebook and are available only if one of the following applies:

1. Injury with Physician's written recommendation that the entrant not skate must be mailed to the registrar and postmarked no later than June 4<sup>th</sup>, 2007.
2. There is a death in the competitor's immediate family.
3. The event is not held.

To withdraw, notify THE REGISTRAR immediately. All refunds will be mailed within 30 days after the completion of the competition.

**FACILITIES**

The ice surface is indoors, 100' X 200', with slightly rounded corners. It is located at Olympicview Training Center, 22202 -70<sup>th</sup> Avenue West, Mountlake Terrace, WA 98043.

**REGISTRATION**

The official registration desk will be located at Olympicview Training Center lobby, beginning one hour before the competition. All Competitors are required to register as soon as possible after arrival at the rink. Competition CDs should be turned in at this time.

**FEES**

Fees must accompany entry forms and be **POSTMARKED by May 1st, 2007**. The entry fee for all Basic Skills events is \$45 for the First Event and \$20 for the Second Event. Checks should be made payable to Seattle Skating Club (SSC). If Canadian currency, please add \$5 per event. A fee of \$30 will be charged for checks returned for non-sufficient funds (NSF) and must be paid prior to the start of competition to compete.

## **AWARDS**

Awards will be presented at the photographer's table immediately after the official posting of each event. Awards will be given for all competitors in the Young Stars events. Award Photographs will be taken and we ask that all award winners pose for the group picture even if you do not plan on purchasing a picture.

## **ADMISSION**

No admission will be charged. All events are open to spectators.

## **MUSIC**

Music must be reproduced on CD (no CDRWs). Cassette tapes will not be accepted. CD's must contain music for only one program. Clearly label music with the skater's name, his/her coaches name, the event, and the time the music plays. PLEASE DO NOT USE STICKY LABELS. Instead, write the information on the CD with a sharpie. Labels tend to stick in the music player. Music must be turned in at the time of official registration. All competitors must have an extra copy of their music available. Once the music is turned in, it will not be returned until the event is completed. Seattle Skating Club will not accept responsibility for breakage, damage, or loss, but will take every precaution to safeguard music media. One week following the competition any CD's not collected will be disposed of. CD's can not be returned by mail.

## **OFFICIAL NOTICES**

An official bulletin board will be maintained at the competition site. The official schedule showing starting times for each event and the draw will be posted on the bulletin board. The official schedule supersedes all other schedules. Notices posted on this bulletin board are considered as sufficient notice to all competitors. Skaters are to be in the rink and ready to skate 60 minutes before their event is scheduled to begin. **Events will not be delayed for skaters who arrive late.**

## **REFEREE**

The decision of the referee on all matters will be final. The Referee, along with the Competition co-chair persons, shall have the right to exclude any person whose behavior is unruly or unsportsmanlike.

## **PRACTICE ICE - COACHES, PARENTS AND SKATERS - PLEASE READ!!!**

Practice Ice shall be scheduled for all events. **Each competitor may request one \$12.00/ 30min, practice session per event entered.** After the schedule is determined, extra practice ice will be sold on a first come-first serve basis, but we can not guarantee additional practice sessions. Please see the Practice Ice Monitor at the competition.

Every effort will be made to schedule Practice ice sessions as close to the competition as possible, however this is not guaranteed.

**No Changes - No Refunds.** Practice ice money is non-refundable, and you may not assign your practice ice to another skater.

**Music:** Depending on the number of skaters on each practice ice session, there is no guarantee each skater's music will be played. If it is not possible to play all skaters music during an assigned practice ice session, then no music will be played.

**Practice Ice Schedules:** will not be available by phone or email. If you wish to receive a practice ice schedule you must enclose a self-addressed stamped envelope, and send it along with the official entry forms and payment.

Schedules will also be posted on the club website at [www.seattleskatingclub.org](http://www.seattleskatingclub.org).

## **VIDEOTAPING & PHOTOGRAPHY**

Videotaping is permissible only in the upper viewing area and is not permitted at rink side. Please be courteous to those viewing the event. No flash photography is permitted as it is very dangerous to the skaters. Videotapes and professional photographs, both podium and action photos, will be available to purchase.

## **VENDORS**

Olympic View Training Center offers limited space for vendors. If you are interested in being a vendor for this competition, please contact either Competition Co-Chairperson by email.

**ACCOMODATIONS** (options nearby)

<b>Embassy Suites</b> <b>\$119.00 &amp; \$134.00</b>	<b>Courtyard by Marriott</b> <b>\$99.00</b>
20610 44 <sup>th</sup> Ave. West Lynnwood, WA	4220 Alderwood Mall Blvd. Lynnwood, WA
1-425-775-2500 www.embassy.com	1-425-670-0500
Complimentary full breakfast Evening Manager's Reception Indoor Pool	Breakfast Buffet for 2 Indoor Pool Walking distance to restaurants

**CONTACT INFORMATION**

For further information regarding this announcement, please contact the following: PLEASE NO CALLS AFTER 9pm!

Laura Lee  
Competition Co-Chair  
22202 70<sup>th</sup> Ave. West  
Mountlake Terrace, WA,  
98043  
[office@seattleskatingclub.org](mailto:office@seattleskatingclub.org)  
(425)672-6885

Ruth Gonzales  
Competition Co-Chair  
22202 70<sup>th</sup> Ave. West  
Mountlake Terrace, WA,  
98043  
[GDP@GTE.net](mailto:GDP@GTE.net)  
(360)435-5514

Ailynn Collins  
Registrar  
22202 70<sup>th</sup> Ave. West  
Mountlake Terrace, WA,  
98043  
[ailynncollins@msn.com](mailto:ailynncollins@msn.com)  
(425)672-6885

**USEFUL WEBSITES**

Practice and Competition schedules will be posted on our club website at [www.seattleskatingclub.org](http://www.seattleskatingclub.org) as soon as they are available. If they are not on our website then we do not yet have the information.

Information on the 2007 Rule book can be found on the US Figure Skating website at [www.usfigureskating.org](http://www.usfigureskating.org).

**GENERAL QUALIFICATIONS AND SPECIFICATIONS**

- Events with large numbers of entries may be split into multiple groups.
- Large events will be split by age for Basic Skills.
- Events may be skated with more than 6 skaters per warm up group.
- Two entries in a group will constitute an event. If only entry is received in an event, the skater will have the option to withdraw for a refund, skate an exhibition, or receive a judge's critique.
- This competition is governed by the current USFSA Rulebook except as modified by this announcement.

**YOUNG STARS BASIC EVENTS**

**Events**

The following Boys and Girls events will be offered:

**Young Stars Basic: Snowplow Sam, Basic A-D (Level #1-#8)**

Young Stars Basic Events are open to ALL skaters who are currently eligible members of either the Basic Skills Program and/or are full members of U.S. Figure Skating or the Ice Skating Institute. To be eligible, skaters must have submitted a membership application or be a member in good standing. Skaters who have passed no higher than the Preliminary Free Skating, Preliminary Moves in the Field or Preliminary Dance and are currently enrolled in either a Basic Skills Program or are full members are eligible to compete. All Snowplow Sam and Basic 1-8 skaters must skate at highest level passed by May 1<sup>st</sup>, 2007. All Young Stars Basic events are mixed events; boys and girls compete against each other.

<b>If you are in an ISI program and have passed</b>	<b>Enter the Young Stars Basic event</b>
Alpha	Basic A (1 & 2)
Beta	Basic B (3 & 4)
Gamma	Basic C (5 & 6)
Delta	Basic D (7 & 8)

## Young Stars Basic Technical Events

### **Requirements at the Young Stars BASIC PROGRAM LEVELS**

- The skating order of the required elements is optional.
  - The elements are not restricted as to number of times element is executed, or length of glides, number of revolutions in a spin etc., unless otherwise stated.
  - Minimum number of connecting steps are allowed.
  - May use vocal music.
  - May use elements from a previous level. A .2 deduction will be made for each element from a higher level that is skated.
  - Time 1:00 +/- 10 sec., to be skated on full ice.
  - Each judge will award one mark for technique for each skater.
- 

#### **Young Stars Snowplow Sam**

The required elements are:

- 1) Forward skating
- 2) Backward wiggles
- 3) Glide forward and dip
- 4) Snowplow Stop

#### **Young Stars Basic A (1 & 2)**

The required elements are:

- 1) Glide forward and dip
- 2) Moving snowplow stop
- 3) Forward two-foot swizzles
- 4) Backward skating (wiggles or swizzles)

#### **Young Stars Basic B (3 & 4)**

The required elements are:

- 1) Backward 1/2 swizzle pumps on a circle - clockwise or counter clockwise
- 2) Two-foot spin
- 3) Forward crossovers - minimum of 5
- 4) consecutive, clockwise or counter clockwise
- 5) Backward one foot glide - R or L

#### **Young Stars Basic C (5 & 6)**

1) The required elements are:

- 2) Backward crossovers - minimum of 5 consecutive, clockwise or counter clockwise
- 3) One-foot spin
- 4) Bunny hop
- 5) Forward (arabesque spiral) on a straight line - R or L

#### **Young Stars Basic D (7 & 8)**

The required elements are:

- 1) Beginning one foot spin, optional free foot
- 2) Mazurka or ballet jump
- 3) Waltz jump
- 4) Combination move (Basic 8 curriculum one set only)

## Young Stars Basic Showcase Events

Use elements from the Basic Skills Artistry in Motion 1-4 curriculum. (Duration: 1:00+/-10sec.) Skaters will be divided into age and into two levels – Basic A/B or Basic C/D. Theme of skater's choice

- Music may have vocals.
- May use hand props.
- Judging to emphasize interpretation of music rather than technical skills
- Costumes that complement music
- Each judge will award one mark for presentation for each skater.

Please enter either:

**Basic A/B**  
Levels 1 through 4

**Basic C/D**  
Levels 5 through 8

## YOUNG STARS FREESTYLE EVENTS

**Events - Level 1 through Level 6 Freestyle events, boys and girls combined; groups divided by age.**

### **Requirements at the Young Stars Program Levels**

- Program Duration 1:30 +/- 10 sec.
- Vocal music is not permitted in Free skate Programs.
- A .2 deduction will be taken from the technical merit mark for each element from a higher level that is performed

#### **Young Stars Freestyle Level 1**

The required elements are:

1. Advanced forward stroking (4-6 consecutive strokes)
2. Basic forward outside edges or forward inside consecutive edges - 2-4 outside or 2-4 inside edges
3. Scratch spin from backward crossovers
4. Waltz jump from backward crossovers
5. Half flip jump

#### **Young Stars Freestyle Level 2**

The required elements are:

1. Forward outside spiral - R or L
2. Waltz Three's - R or L
3. Beginning back spin
4. Waltz jump, side toe hop, waltz jump series
5. Toe loop jump

#### **Young Stars Freestyle Level 3**

The required elements are:

1. Forward crossovers in a figure 8
2. Advanced forward outside swing rolls - 4-6 consecutive
3. Back spin
4. Salchow
5. Waltz jump/toe loop or Salchow/toe loop

#### **Young Stars Freestyle Level 4**

The required elements are:

1. The required elements are:
2. Spiral sequence: FI spiral, FI Mohawk, BO spiral, clockwise or counter clockwise
3. Forward power 3's, 2-3 consecutive sets, - R or L
4. Sit spin
5. Loop jump
6. Waltz jump/loop jump

#### **Young Stars Freestyle Level 5**

The required elements are:

1. Spiral Sequence: FO Spiral, forward outside 3 turn, one backward crossover, backward inside spiral
2. Camel spin
3. Forward upright spin to back upright spin
4. Loop/loop combination jump
5. Flip jump

#### **Young Stars Freestyle Level 6**

The required elements are:

1. Five step Mohawk sequence - 1 set alternating pattern (refer to Basic Skills curriculum Free skate level 6)
2. Camel, sit spin combination - minimum of 4 revolutions total
3. Split jump or stag jump
4. Waltz jump, 1/2 loop, salchow combination
5. Lutz jump

### **Young Stars Showcase Events**

These events are for Skaters who are at the Freestyle 1 through 6 competitive levels. Although the specific elements listed in the above boxes are not necessary, the skaters should be proficient at that level. (Duration: 1:30+/-10sec.) Skaters will be divided into age and into three levels. Please enter either:

Showcase Level 1 & 2

Showcase Level 3 & 4

Showcase Level 5 & 6

- Theme of skater's choice. Music may have vocals.
- May use hand props.
- Judging to emphasize interpretation of music rather than technical skills
- Costumes that complement music
- Each judge will award one mark for presentation for each skater.

# **BASIC SKILLS ENTRY FORM "ICE FEST 2007"**

***There are THREE Pages to this Entry form. PLEASE PRINT CLEARLY***

Name \_\_\_\_\_ U.S. Figure Skating# \_\_\_\_\_ ISI/Basic Skills# \_\_\_\_\_

*All participants must be U.S. Figure Skating or ISI/Basic Skills members. Please note appropriate numbers.*

Home Address \_\_\_\_\_ Telephone (\_\_\_\_) \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

\*Birth date \_\_\_\_\_ Age \_\_\_\_\_ Male \_\_\_\_\_ Female \_\_\_\_\_

*\*Birth date is **required** for age-restricted events*

E-mail Address: \_\_\_\_\_

Home Club \_\_\_\_\_ Professional's Name \_\_\_\_\_

Highest Basic Skills test passed: \_\_\_\_\_

Date \_\_\_\_\_

**Hold Harmless:** The undersigned approves of the entry and agrees to hold harmless the U.S. Figure Skating, Seattle Skating Club, and/or Olympicview Ice Arena from any and all loss, damage, and injury of whatever kind or nature, that may be sustained by the entrant in any manner while participating in any activity of said competition. Qualified medical personnel may administer first aid.

\_\_\_\_\_  
Parent/Guardian Signature if under age 18 or Skater's Signature if over age 18

**Medical Release:** Please complete this ONLY if the skater is a minor who will NOT be accompanied by a parent or guardian.

I give my permission for \_\_\_\_\_ to receive emergency medical care by qualified medical personnel, should it become necessary. List drug allergies and/or current medical conditions: \_\_\_\_\_

Physician's name \_\_\_\_\_ Date \_\_\_\_\_ Emergency Phone \_\_\_\_\_

**Certification:** I hereby approve the above entrant and certify that he/she is a full member in good standing of my club; to the best of my knowledge is eligible to enter the event(s) specified; is an eligible skater as defined in the U.S. Figure Skating official rules; and is following a standard and complete educational program in full compliance with his/her state requirements.

\_\_\_\_\_  
Signature of Home Club Official

\_\_\_\_\_  
Title of Office

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of Coach (verification of events entered and appropriate level)

*Please send a self-addressed, stamped, legal-sized envelope to receive a copy of the competition and practice ice schedules. **Information will not be available by phone!** The schedules will be posted on our website: [www.seattleskatingclub.org](http://www.seattleskatingclub.org)*

**Make check payable to: Seattle Skating Club**

**Mail to: Ice Fest, Registrar, 22202 70<sup>th</sup> Ave. West, Mountlake Terrace, Washington 98043**

# BASIC SKILLS ENTRY FORM "ICE FEST 2007"

*This is the 2<sup>nd</sup> Page of 3. PLEASE PRINT CLEARLY*

Skater's Name \_\_\_\_\_

US Figure Skating # \_\_\_\_\_  
Or ISI # \_\_\_\_\_

**Young Stars Basic  
Technical Events**

\_\_\_ Snowplow Sam  
\_\_\_ Basic A (1&2)  
\_\_\_ Basic B (3&4)  
\_\_\_ Basic C (5&6)  
\_\_\_ Basic D (7&8)

**Young Stars Basic  
Showcase Events**

\_\_\_ Basic A/Basic B  
(Levels 1-4)  
\_\_\_ Basic C/Basic D  
(Levels 5-8)

**Young Stars  
Freestyle Events**

\_\_\_ Freestyle 1  
\_\_\_ Freestyle 2  
\_\_\_ Freestyle 3  
\_\_\_ Freestyle 4

**Young Stars  
Showcase Events**

\_\_\_ Level 1 & 2  
\_\_\_ Level 3 & 4

**ENTRY FEES**

\_\_\_\_\_ \$45 for the first Young Stars Event  
\_\_\_\_\_ \$20 for each additional Young Stars event



**Total Entry Fee Amount Due \$** \_\_\_\_\_

**PRACTICE ICE**

**Please Check Event type that you would like to practice. 1 SESSION PER EVENT IS ALLOWED**

\_\_\_\_\_ Young Stars Basic Technical Events  
\_\_\_\_\_ Young Stars Basic Showcase Events  
\_\_\_\_\_ Young Stars Freestyle Events  
\_\_\_\_\_ Young Stars Showcase Events

\_\_\_\_\_ **# of sessions x \$12.00/session**



**Total Practice Ice Due \$** \_\_\_\_\_

**TOTAL AMOUNT DUE (Entry Fee + Practice Ice) \$** \_\_\_\_\_

**Make check payable to: Seattle Skating Club or SSC**

**Mail to: Ice Fest, Registrar, 22202 70<sup>th</sup> Ave. West, Mountlake Terrace, Washington 98043**

**Payment can also be made by Visa or MasterCard.**

Card type \_\_\_\_\_ Card # \_\_\_\_\_ Exp. Date \_\_\_\_\_

Print Name on card \_\_\_\_\_ Signature \_\_\_\_\_

**CHECKLIST** – *be sure you have done & included the following:*

- COMPLETELY filled out entry information & event selection, don't forget US Figure Skating membership number, or if competing in the Young Stars Events, your ISI # or Basic Skills #
- Certification by Club Officer & Coach.
- Medical Release if not accompanied by parent.
- One self-addressed, stamped envelope for the competition & practice ice schedule
- ENTRY & PRACTICE ICE FEES – submit 1 check for TOTAL AMOUNT DUE (Above)
- Program Ad Form and Fees must be submitted separately.

**DEADLINE – POSTMARKED BY MAY 1, 2007**

# **BASIC SKILLS ENTRY FORM "ICE FEST 2007"**

*This is the 3<sup>rd</sup> Page of 3. PLEASE PRINT CLEARLY*

## **Name Pronunciation:**

<b>Name</b>	
<b>Event/s:</b>	
<b>Club:</b>	

Please note below (following the example) how you would like to be announced, even if it seems to be a common pronunciation to you. We will do our best to say it as you wish:

Example:

Name: Laura                      (pronunciation: LORE-ah)

Second Name: Kenagy      (pronunciation: ken-AA-gee (hard g))

Last Name: Smith              (pronunciation: SMITHH)

Please capitalize where the emphasis should be placed.

**First Name:** \_\_\_\_\_

**Second Name (if you wish it announced):** \_\_\_\_\_

**Last Name:** \_\_\_\_\_